

Dallas-Fort Worth Jeet Kune Do Academy

Class Schedule 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
	JKD Private Class 5:30-6:30 pm	Kids JKD 5:30-7:00 pm	JKD Private Class 5:30-6:30 pm	Strength & Conditioning 6-7 pm	Law Enforcement 7-9 am					
	BJJ Grappling 6:45-8:15 pm	S.O.S.A. Fighting Systems 7-9 pm	JKD Private Class 7-8 pm	Tai Chi Chuan 7-8 pm	S.O.S.A. Fighting Systems 7-9 pm	JKD Private Class (Time Varies)*	New Student Interview 9-10 am	JKD Fighting Fundamentals 9-10 am	Open Mat Workout 9-10 am	JKD Private Class 9-10 am
JKD Group Class 8:00-9:30 pm		JKD Group Class 8:15-9:45 pm				JKD Group Class 10-11:30 am	New Student Interview 10-11 am			
						Kids JKD 11:30-1:00 pm	Kali Class 11-12:30 pm	JKD Private 11-12 pm		
						BO Staff Class 1:30-3:30 pm **	BJJ Grappling 12:30-2:00 pm			

* Contact Kirk Weicht to schedule class (817) 946-1404

** Every Other Saturday; Sifu Charles Rice (817) 683-1461

Instructors	Kirk Weicht	Cory Smith	Charles Rice	Steven Davis	Nathan Hallford	Tim Loudermilk	Dennis Beck
Programs	JKD/Kids/Law Enforcement	JKD (Mondays)	S.O.S.A. Kickboxing /Bo Staff	Kali	BJJ	Fighting Fundamentals/ Strength & Conditioning	Tai Chi Chuan